



SOME HELPFUL INFORMATION FOR YOUR SELF TAPE VIDEO SESSION

Self-taping should not be an automatic substitute for face-to-face casting. However, it is becoming a more widespread technique and it can provide the opportunity to widen access to the casting process and is an effective to share online.

We appreciate this is a lot of stuff to take in. On the day we are there to help and support you to produce the best self tape we can together. We will make sure you enjoy your session with us.

GENERAL

Your session will last for approx. 45 minutes in our Wrexham Studio

All sessions must be booked online and we kindly request you arrive on time.

The background colour will most likely be grey or white and we suggest you avoid these colours with your clothing. Also avoid large stripes and patterns as they will detract from you

We use an autocue for your script which should be sent to us in a word doc or by email at least 7 days before your session.

You can sit or stand which ever you are most comfortable and relaxed with.

Look just off camera rather than directly at it Don't look left or right, we want your face straight forward, but your eyes talking to a person as if they were just at the side of the camera.

The camera will remain in one position although you can move in a controlled way to express yourself but we do not recommend sudden movements.

Take your time, relax and be yourself. Smile show the world you are happy

Be confident, show good posture and speak clearly

We use professional sound and lighting equipment. The mics are quite sensitive and you should use your normal voice.

SOME IDEAS FOR YOUR SCRIPT

Introduce yourself – Name, Age, Agency

Tell a story

Things you like to do

Quote from a book or film.

What you like about acting

A nice holiday memory

Your favourite lessons in school

Your best friend

PREPARATION

Practice, Practice, Practice your script with family and friends.

Learn your lines – resist the temptation to read them just off-screen. It's very obvious and looks terrible on camera.

Perfection is not necessarily required but it must be professional and be you on a good day.

Get a good nights sleep so you are fresh and alert for your session

AFTER YOUR SESSION

Your video file (MP4)will be available through our web site for download or can be sent to you via we transfer.

The video file can be uploaded to social media, web sites or sent to casting agencies and marketing companies.

We will provide an introduction page for the video which will contain your image and any contact details you wish.

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